



# MEMORY CARE ACTIVITY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 Ageless Fitness	9:00 Ageless Fitness	9:00 Ageless Fitness	9:00 Ageless Fitness	9:00 Ageless Fitness	9:00 Ageless Fitness	9:00 Ageless Fitness
9:30 Water & Bathroom Break	9:30 Water & Bathroom Break	9:30 Water & Bathroom Break	9:30 Water & Bathroom Break	9:30 Water & Bathroom Break	9:30 Water & Bathroom Break	9:30 Water & Bathroom Break
9:45 Bottle Toss	9:45 Arts & Crafts	9:45 Points Ring Toss	9:45 Arts & Crafts	9:45 Color Time	9:45 Arts & Crafts	9:45 Ball Toss
10:15 A-Z Words	11:15 Lunch Prep	10:15 Color Time	11:15 Lunch Prep	10:15 Parachute Game	11:15 Lunch Prep	10:15 Reminisce
10:45 Puzzles	11:30 Lunch	10:45 Lucky Dog	11:30 Lunch	10:45 History & Trivia	11:30 Lunch	10:45 Sing-A-Long
11:15 Lunch Prep	12:15 Relaxation & TV Time	11:15 Lunch Prep	12:15 Relaxation & TV Time	11:15 Lunch Prep	12:15 Relaxation & TV Time	11:15 Lunch Prep
11:30 Lunch	12:45 Kick Ball	11:30 Lunch	12:45 Coffee Can Toss	11:30 Lunch	12:45 Balloon Volleyball	11:30 Lunch
12:15 Relaxation & TV Time	1:15 Words That Start With...	12:15 Relaxation & TV Time	12:45 Coffee Can Toss	12:15 Relaxation & TV Time	1:15 Ageless Fitness Part 2	12:15 Relaxation & TV Time
12:45 Memory Cards	1:45 Water & Bathroom Break	12:45 Table Ball	1:15 Ageless Fitness Part 2	12:45 Memory Cards	1:45 Grocery Shopping	12:45 Saturday Matinee
1:15 Knock 'Em Down Cans	2:00 Ageless Fitness Part 2	1:15 Creative Colors	2:00 BINGO	1:15 Water & Bathroom Break	2:15 Snack	1:45 Water & Bathroom Break
1:45 Water & Bathroom Break	2:30 Balloon Volleyball	2:00 Card BINGO	2:45 Water & Bathroom Break	1:45 Ageless Fitness Part 2	2:45 Jenga	2:00 Ageless Fitness Part 2
2:00 Ageless Fitness Part 2	3:00 Snack	2:45 Water & Bathroom Break	3:00 Bus Ride	2:15 Bulls-Eye Washers	3:15 Water & Bathroom Break	2:30 Table Ball
2:30 Tic Tac Throw	3:30 BINGO	3:00 Sunshine Ride	4:15 Dinner Prep	3:00 A-Z Words	3:30 BINGO	3:00 Pokeno
3:00 Hangman	4:15 Dinner Prep	4:15 Dinner Prep	4:30 Dinner	3:30 Card BINGO	4:15 Dinner Prep	3:30 Water Color Fun
3:30 Sing-A-Long	4:30 Dinner	4:30 Dinner		4:15 Dinner Prep	4:30 Dinner	4:15 Dinner Prep
4:15 Dinner Prep				4:30 Dinner		4:30 Dinner
4:30 Dinner						

*All activities are subject to change with or without notice.*